

Welcome to Ek Prayaas

Our Vision is to Enlighten, Enrich and Empower Differently Aabled Children. Our Mission is to empower every child with the tools they need to succeed academically, socially, and emotionally. We strive to create a nurturing atmosphere where each child feels valued and understood.

An Institute for Children with Special Needs

Ek Prayaas is run by Social Action Group, a registered NGO, formed by a group of conscientious citizens of Ludhiana, who were motivated by their experiences to work towards the betterment of society. Social Action Group targets developing and implementing short and long-term projects in order to achieve goals set in the memorandum of the group, thereby affecting a change in the mindset of society.

At Ek Prayaas, we believe in the inherent potential of every child, regardless of their challenges. Our school is dedicated to providing a supportive and inclusive environment where children with special needs can thrive, learn, and grow.



Our Community

We are able to provide care and education to our students because of the strong sense of community that we have developed in the many years of our existence. The management team, the medical advisory committee, the special educators and teachers, visiting consultants, and volunteers work closely with the parents, caregivers and community partners to create a supportive network that extends beyond the walls of our school. Together, we celebrate successes, overcome challenges, and build a brighter future for all children.

Our Approach

At Ek Prayaas, we understand that every child is unique, and so is their journey. That's why we offer a personalised approach to education, tailored to meet the specific needs of each student. Our highly trained and compassionate staff members work closely with students, families, and support networks to develop individualised learning plans that foster growth and success.

Our Curriculum

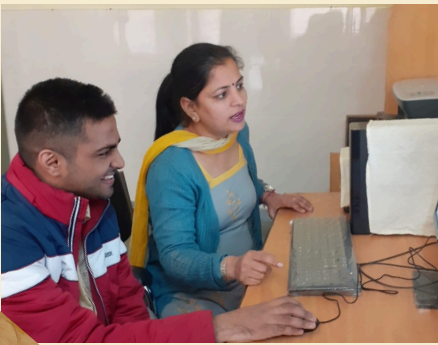
Our curriculum is designed to be engaging, stimulating, and accessible to all students. Through a combination of academic instruction, life skills development, and therapeutic interventions, we aim to provide a well-rounded education that prepares students for a bright future. We work towards improving their strength, endurance and fitness to promote physical health and providing them with companionship, a sense of achievement, and increased self-esteem to promote their mental health. Our curriculum includes the following:

- Education and training for children with special needs.
- Vocational training for children with special needs. In Vocational training, students are taught to make diyas, candles, envelopes, napkins, stitching, block & marble printing, and cleaning and packing of pulses.
- Organising Sports Events, annual day functions, fares etc.
- Rehabilitation of students through the Rehabilitation Centre for children with learning disabilities.
- Physiotherapy for students to help with improved mobility. The Physiotherapy Department is managed by a physiotherapist who caters to the physical and social well-being of the students. It involves interaction between the physiotherapist, patients/clients, other health professionals, families, caregivers, and communities.
- Home Management Program where parents are oriented from time to time. Students are taught and trained in self-help skills e.g. toilet training, eating, getting dressed, etc. and students are prepared for rehabilitation in society.
- Education through workshops for parents, teachers and society.
- Voluntary Services: Preparing a core group of trained social volunteers to provide help at home and in the neighbourhood of these children to help them adjust to society. Being a friend to the parents and a support to them too.



Our Support Services

In addition to academic instruction, we offer a range of support services to address the unique needs of our students. These include speech therapy, occupational therapy, behavioural therapy, counselling, physiotherapy, medical consultancy, and more. Our goal is to provide comprehensive support that enables each child to reach their full potential.



Our Vocational Endeavours

The school is going to start a sheltered workshop at its premises, where efforts will be made to make the children self-dependent and regain confidence, by channelizing them to income generation. It will be a protective environment where they can undertake paid meaningful employment in a supportive environment.





Enroll Today!

If you're looking for a school that celebrates diversity, fosters inclusion, and prioritises the needs of every child, look no further than Ek Prayaas. Contact us today to learn more about our programmes and enrollment process. We can't wait to welcome you to our Ek Prayaas family!



EK PRAYAAS

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